



# MEALS @HOME

STOP. EAT. CONNECT

## Dinner and a Movie

### Best Use

As a family activity for any age

### Nutritional Value

Having good conversation around the movie of your choice

### Advance Preparation

- Pack a picnic dinner or order in your favorite food.
- Rent a movie or choose a family favorite to watch together.
- If you have children, make tickets for the movie or have them make their own tickets to “sell.” (Let them have fun deciding the cost, such as three hugs and one kiss, etc.)
- Set up an area to eat and watch the movie together with pillows, drinks, food, popcorn, etc.

### Serve It Up

**SAY:** “Let’s have a special night at the movies!”

**OPTIONAL IDEAS FOR THOSE WITH CHILDREN:** Load up in the car and drive around the block and to return to your home and lead them in to the fun dinner/movie theatre you have created. Surprise your kids or have them help surprise dad or another member of the family. Let your kids make drive-in cars out of large boxes. Have fun, be creative and have a good time together.

**DO:** Watch the movie while you eat dinner together.

**TALK:** After the movie is over, spend some time talking through the following questions:

- Who is the central character? (The “hero”)
- Who or what does the main character want? (Consciously and subconsciously?)
- Who or what are the obstacles that must be overcome?
- What was the “ultimate conflict” of the drama?
- What wrong choices were made?
- What right choices were made?
- Can we learn anything from the story?

**PRAY:** Thank God for your meal and fun time together as a family. Pray together: *We thank you, Lord, that you have blessed us with our family. Thank you for our time together tonight. Help us to grow closer to each other and to you. In Jesus’ name we pray, Amen.*

For more discussion ideas on specific films, visit [MovieNightchat.com](http://MovieNightchat.com).

